

You are welcome if you need help and  
are **SERIOUS** about getting it!

**Recovery is a result of commitment  
on the part of the client and counselor  
taught and encouraged by a trained and  
competent treatment staff as they look  
to God for guidance and strength.**

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## **WOMEN'S NEW LIFE PROGRAM**

**REACHING WOMEN IN CRISIS**



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## STATEMENT OF PURPOSE

The Women's New Life Program is a residential spiritual based addiction treatment program located at the Gospel Center Rescue Mission.

It is a three phase program: first phase consists of attending classes (listed below) and one to one weekly counseling; second phase consists of making restitution, education, employment, and one to one counseling monthly; third phase is continuation of education, employment and adjustment to society's demands.

The program is designed to learning a new life style of addiction recovery with spiritual and emotional stability.

## PROGRAM

The **New Life Program** offers the following:

1. Introduction and orientation to individuals goals and direction to recovery.
2. A structured educational program dealing with emotional and spiritual issues.
3. Increased awareness of self-defeating behaviors leading to increased self-awareness and self-esteem.
4. Individual counseling and group sessions with an individualized plan for change.
5. Addresses social issues, interpersonal, relationships and methods for promoting healthy communications and accountability.
6. Explores concepts of spirituality and the benefits of incorporating spiritual principles into a lifelong program through daily personal application of spiritual materials, affirmations, prayer and meditation.

7. Introduction and referral to community resources.
8. Introduction and referral to support groups such as AA, NA, CA, SAA, OA, GA and other 12-Step programs.
9. Family contact permitted after 30 days.
10. Educational computer program.
11. Six months after-care with follow-up counseling.
12. Phase three to continue stability.

## PROGRAM FEES

The **New Life Program** is a non-profit program, and as such will charge fees for services based on the clients ability to pay. Criteria considered will include client's source of income: SSI, General Relief, unemployment or disability benefits. **No one will be turned away for their inability to pay.** All fee determinations are documented in the program's intake process.

## CONFIDENTIALITY

The client's right to confidentiality is respected at all times concerning all information gathered during intake and throughout the process. To exchange personal information to another agency a release of Information must be signed for both agencies.

## ELIGIBILITY

The client must be 18 years of age (16 if emancipated) or older. Addiction/abuse must show as the primary presenting problem. The client may pend for two weeks after detoxification.